SAN JOAQUIN COUNTY **Public Health Services** Healthy Future

A Division of San Joaquin County Health Care Services Alvaro Garza, MD, MPH, Public Health Officer Julie Vaishampayan, MD, MPH, Assistant Public Health Officer



FOR IMMEDIATE RELEASE

CONTACTS FOR THIS RELEASE:

2015-11 Joint News Release

Pacific Contact: Rajul Patel, (209) 946-3151, rpatel@pacific.edu

Public Health Services: Krista Dommer, (209) 468-3571, kdommer@sjcphs.org

Collaborative Efforts Bring New Mobile Medicare Clinic Event to South Stockton November 7, 2015, Merlo Gym: Free event helps people with Medicare save money on their drug costs, understand their medications and get health screenings

STOCKTON, CA (October 16, 2015) – Medicare recipients in South Stockton are encouraged to take advantage of the Mobile Medicare Clinic Event being held for the first time at the Merlo Gym, 2044 Fair Street, on Saturday, November 7. To make this special opportunity available in South Stockton, it took the collaborative efforts of several organizations including The TABLE Community Foundation, Community Partnership for Families of San Joaquin/ Dorothy L. Jones Family Resource Center, the University of the Pacific (Pacific) Thomas J. Long School of Pharmacy & Health Sciences and the San Joaquin County Public Health Services (PHS)/Health Promotion and Chronic Disease Prevention unit.

This one-day event has much to offer attendees. The clinic will help people with Medicare save money on their prescription drug costs, better understand their medications, and receive a variety of health care screenings and services. It will be held on Saturday, November 7, from 10AM – 5PM at the Merlo Gym, 2044 Fair Street, in Stockton. Appointments are highly recommended for those seeking assistance with their Medicare drug plan and/or interested in having a thorough review of their medications to ensure they are safe and effective to take together. For appointments, please call (209) 444-5555. It is important for those attending the clinic to bring their red, white, and blue Medicare card as well as all of their medications (including prescriptions, over-the-counter drugs, vitamins, and herbal remedies).

The clinic takes place during the annual Medicare Open Enrollment period. Under the supervision of licensed pharmacists, student pharmacists will assist beneficiaries with Medicare Part D plan review and enrollment, determine if they qualify for additional government assistance to help lower their out-of-pocket drug costs, and explore other cost-savings opportunities. They will also offer the flu vaccine, diabetes screening and blood pressure testing, cholesterol and bone-density testing, and much more. All of these services are available at no cost! According to Barb Alberson, PHS Senior Deputy Director, Policy and Planning, "We are committed to ensuring that older adults in our community live healthy lives and we are pleased to help support Pacific as they host this important event."

Pacific's Mobile Medicare Clinics participate in the the Million Hearts Initiative, which aims to prevent 1 million heart attacks and strokes by 2017. Student pharmacists will be utilizing the guidelines of **Million Heart "ABCS"** campaign of clinical prevention (**A**spirin when appropriate, **B**lood pressure control, **C**holesterol management, and **S**moking cessation) in order to encourage healthier lifestyles within the older adult community.

Attendees will be provided with a comprehensive review of all of their medications and have all of their medication-related questions answered. Pacific's student pharmacists will identify potentially severe medication-related issues, including severe drug-drug interactions and sub-optimal drug therapy that may warrant physician follow-up.

Additional Mobile Medicare Clinic Events are scheduled in San Joaquin County. For information on the other dates and locations, visit go.pacific.edu/medicare or call (209) 932-2958.

Attachment: Medicare Clinic Event flyer for Merlo Gym (English - Spanish)

About the Thomas J. Long School of Pharmacy and Health Sciences

The University of the Pacific, Thomas J. Long School of Pharmacy and Health Sciences is renowned for its time-proven curriculum and unrivaled commitment to student success. The school, based in Stockton, offers professional degree programs in pharmacy, physical therapy, and speech-language pathology, as well as advanced degrees in pharmaceutical and chemical sciences. In collaboration with the University of the Pacific, Eberhardt School of Business, it also offers a joint Pharm.D./MBA degree. The school is part of the University of the Pacific colleges and schools, which offer acclaimed professional degree programs in law, business, accounting, dentistry, and pharmacy — as well as 80 undergraduate majors — on three Northern California campuses.

For more information on University of the Pacific, visit www.Pacific.edu. To learn more about Thomas J. Long School of Pharmacy and Health Sciences, visit www.Pacific.edu/PHS.

October 17, Saturday, 10 a.m. - 6 p.m. University of the Pacific, 751 Brookside Road, Stockton Call for an appointment: (209) 946-7658

October 20, Tuesday, 1 p.m. - 6 p.m. Northeast Community Center, 2885 E. Harding Way, Stockton Call for an appointment: (209) 468-3918

October 27, Tuesday, 1 p.m. - 6 p.m. Tracy Community Center, 950 East Street, Tracy Call for an appointment: (209) 831-4230

October 29, Thursday, 1 p.m. – 6 p.m. LOEL Senior Center, 105 S. Washington Street, Lodi Call for an appointment: (209) 369-1591

November 7, Saturday, 10 a.m. - 5 p.m. Merlo Gym, 2044 Fair Street, Stockton Call for an appointment: (209) 444-5555

November 13, Friday, 1 p.m. - 6 p.m. First Congregational Church, 3409 Brookside Road, Stockton Call for an appointment: (209) 951-8545

November 15, Sunday, 10 a.m. - 6 p.m. O'Connor Woods, 3400 Wagner Heights Road, Stockton Call for an appointment: (209) 956-3400

November 17, Tuesday, 1 p.m. - 7 p.m. Hutchins Street Square (Room: Kirst Hall), 125 S. Hutchins Street, Lodi Call for an appointment: (209) 333-5550

This press release is funded by the California Department of Public Health through Centers for Disease Control and Prevention (CDC) Grant Number DP005499. Its contents are solely the responsibility of the authors and do not necessarily represent the official views of CDC or the U.S. Department of Health and Human Services.

FREE HEALTH FA For Seniors and other Medicare Beneficiaries

When: Saturday, November 7th (10am-5pm Where: Merlo Gym 2044 South Fair Street

Stockton, CA 95206

University of the Pacific Student Pharmacists will:

Evaluate your Medicare Part D plan (potentially saving you money on your drug costs)

Review all of your medications (to make sure they are safe and effective)

Immunize you with the seasonal flu and pneumococcal vaccines

Also Provide:

Blood Pressure Testing Diabetes Testing Cholesterol Testing Bone Density Testing Falls Risk Assessment Memory Decline Screening and so much more!

Please bring:

\$

1. ALL of your prescription and over-the-counter drugs 2. Your Medicare Card (red, white and blue card)





HEALTH INSURANCE MEDICARE 1-800-MEDICARE (1-800-633-4227 JOHN DOE 000-00-0000-A MALE HOSPITAL (PART A) 01-01-2007 MEDICAL (PART B) 01-01-2007

APPOINTMENTS RECOMMENDED If you would like help with your Medicare Part D plan or a complete review of your medications, Please call (209) 444-5555 to make your appointment today



UNIVERSITY OF THE Thomas J. Long School of Pharmacy & Health Sciences





Community Partnership for Families of San Joaquin

Feria de Salud Gratis Para los ancianos y otros beneficiaries de Medicare

¿Cuándo?: Sábado 7 de Noviembre 2015 de 10am-5pm ¿Dónde?: Merlo Gym 2044 South Fair Street Stockton, CA 95206

Los estudiantes Farmacéuticos de La Universidad del Pacifico:

Evaluaran su plan de la Parte D de Medicare, y potencialmente ahorrarle dinero con su medecamentos

para asegurarse de que son seguros para

Vacunarlo(a) con la vacuna contra la gripe

estacional y vacuna contra la neumonía

Revisar todos sus medicamentos

También se proporcionan examen de:

presión arterial niveles de azúcar en la sangre colesterol densidad ósea riesgo de caída Disminución de la memoria y mucho, mucho más

Favor de traer:

tomarse juntos.

 TODOS sus medicamentos recetados y sin receta
Su tarjeta roja, blanca y azul de Medicare



MEDICARE HEALTH INSURANCE 1-800-MEDICARE (1-800-633-4227) NAME OF BENEFICIARY JOHN DOE MEDICARE CLAIM NUMBER 000-00-00000-A MALE S ENTITLED TO EFFECTIVE DATE HOSPITAL (PART A) 01-01-2007 MEDICAL (PART B) 01-01-2007 SIGN

CITAS SON RECOMENDADAS

iSi desea ayuda con su plan de la Parte D de Medicare o una revisión completa de sus medicamentos! Por favor llame al **(209) 444-5555** para hacer su cita hoy mismo.









of San Joaquin